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August, 2010

Dear Friends,

After counseling many couples over the last 14 years, I would agree with the statistic that approximately ninety percent of what we react to in a marriage is tied to unresolved childhood pain. What if those pain issues could be resolved prior to the wedding day? What if an engaged couple could emotionally care and connect to each other prior to their wedding day? Wouldn't marriage be a lot more fun and fulfilling?

For a number of years, I have taken the CFTH principles and applied them to dating and engaged couples. I seek to help them resolve each spiritual and emotional issue from their past by leading them in prayer and have found that their level of emotional connection dramatically increases. Recently, I called six couples whom I had premaritally counseled. They each expressed how important it was for them to have resolved their individual issues and to have a heart connection prior to marriage. Two of them said that they have friends who are envious of their relationship because they are so connected emotionally.

I am convinced of the importance of providing a tool that is specifically designed for those who are in a dating or engaged relationship which will help identify and resolve spiritual and emotional issues prior to marriage. Therefore, we would like to invite you to join us for the **2010 Caring for the Heart Annual Conference** to be held October 11-15, 2010, at the Beth-El Mennonite Church here in Colorado Springs CO. The conference theme is "**Resolving Heart Issues Prior to Marriage**" and will feature the filming of a new premarital series. Ten main sessions will focus on preparing and leading a couple to resolve issues and develop a heart connection. A number of couples will share their testimonies about how their premarital counseling changed their relationships. Twenty-four workshops, led by CFTH directors and individuals, will be offered on topics of interest to counselors/lay counselors, pastors/ mentors, etc. Four of the workshops will spotlight how to lead a person in prayer to resolve spiritual and emotional pain from their past.

Joyco, Inc., a Christian filming company, has agreed to film the premarital series and prayer workshops. After completion of the production process, these will be available for sale along with our other resources. The estimated cost of producing the premarital series is \$28,000. God has graciously provided, through many generous gifts from our supporters, \$21, 220. We appreciate your prayers for this conference, for the development of these resources, and for meeting the financial commitment of the filming.

We are enjoying the added space of our newly rented office and are able to expand the ministry as a result. In July, we were able to host Marilyn Damron and Merry Hamrick as they counseled eight single ladies over a period of two weeks. Seventeen ladies received additional training as they participated in our Internship Program.

Thank you for being a part of this ministry. Each day I serve here at CFTH, I am aware of your commitment to the Lord which allows us the opportunity to serve Him.

In Appreciation,
John & Barb Regier



**Testimony from a
pastor in Canada...**

"It has been a few months since we first stepped into the office in Colorado Springs and started feeling loved and cared for by you all and most importantly, by Jesus! There is no way to describe the difference in our lives since that week, in our own personal lives, in our families' lives and in the lives of the people of our church. Everything is different; Jesus is everywhere, the real Jesus, the no-pressure Jesus, the tender Shepherd, the kind and forgiving and understanding Friend. He is healing so many broken and wounded hearts in our congregation, it's absolutely awesome! Where He leads, we follow and His burden is light, His healing brings us so much joy! We already have a full schedule of (counseling) appointments since the CFTH conference. Thanks again for coming to Quebec. With all the gratitude and love our hearts can feel..."



Testimony of a young couple counseled at a seminar in Quebec, Canada...

"We would like to give a special thank you for the help you gave to us as you sacrificed a free day just for us. This precious time allowed us to better understand each other and how our hearts had been damaged. We learned simple Biblical ways to care for our hearts and are already enjoying some fruits! We got real hope and are looking forward to many upcoming years of 'connection'!"

Testimony from a counselor who came for training and is using the CFTH method of counseling in his ministry...

"First, a husband and wife that were on the brink of divorce-their marriage was saved and they are both experiencing the freedom and power in Christ. They left my office with smiles, holding hands and kissing each other and saying, 'This is the best our marriage has ever been. We didn't realize how good our relationship could have been.'

A second experience involves an individual who had childhood abuse and at the age of 53 was still in bondage. We walked through the issues one by one as outlined by the training and then had a time of prayer. While in prayer, the person expressed to Jesus that they saw themselves like a little ragdoll being thrown around and asked Jesus if He could take hold of them and embrace them and take this hurt child and heal them. As we were praying, you could sense the power of Christ in the room and when we were done praying, the person said, 'I saw myself being thrown like a ragdoll, then Jesus came to me in a bright, peaceful presence and embraced me – Jesus healed my broken heart. I am free!' They left my office that day smiling and in tears thanking God for the freedom they now have in Him. Thanks for all that you do and what you extend to others so that we can help others find sweet peace in Jesus Christ."

CARING FOR THE HEART SEMINAR SCHEDULE

October 11-15, 2010	Taping of Pre-Marital Series Beth-El Mennonite Church Colorado Springs CO Contact: CFTH See more information in this newsletter...	719-572-5550
November 7-11, 2010	CFTH Seminar & Training Day Gospel Haven Mennonite Church Millersburg, OH Contact: Pastor Dennis Mullet	330-674-1132
November 13, 2010	Youth Conference especially for single Amish and Mennonite youth The Pier Dundee OH Contact: Paul & Cindy Mullet	330-359-2071
December 6-10, 2010	In-Depth Training Seminar Colorado Springs CO	719-572-5550
January 16-22, 2011	CFTH Seminar Locust Grove Mennonite Church Belleville PA Contact: Pastor Max Zook	locustgrovemc@juno.com
March 13-17, 2011	CFTH Seminar Chadron Berean Church Chadron NE Contact: Pastor Dan Williams	cbc@bcc.net

Caring for the Heart Ministries is a 501(c)3 non-profit and is supported by contributions of those burdened for this ministry. If God has put the desire on your heart to partner with us, you may return your contribution in the envelope provided. All gifts are tax deductible. Thank you for your prayers and financial support.